# Breakfast 7 am till 11 am every day

Pick up and takeaway Call the restaurant to place your order 02 6687 4333 No cash, card only Thanks for your support



w/ strawberries & maple butter.

#### **TOASTIE ON TURKISH 13.5**

w/ ham, cheese, tomato, spinach, aioli.

#### **BREKKY BURGER 13.5**

Fried egg, bacon, relish, Swiss cheese, aioli & leaves on organic sesame seed bun. GF available

#### PORTOBELLO MUSHROOM BUN 13.5 / V

Roast portobello mushrooms, Brie, spinach, fried egg & pear & date chutney on sesame seed hun

GF available

#### THAI CHILLI SCRAMBLE BUN \$14 / V

w /green papaya, bean sprouts, pickled carrot, lemongrass & ginger sauce, Sriracha, aioli on sesame seed bun GF available

#### **BREKKY BURRITO 15 / VEG AVAILABLE**

Bacon, egg, rice, black beans, cheddar, tomatillo, chipotle hot sauce, avocado

#### BANH MI BUN 14.5 / DF

w house smoked pulled pork, pickled carrot, cucumber, coriander, shallots, nam jim, aioli on sesame seed bun Gf available

#### **AVOCADO & CHERRY TOMATOES 16 / V**

on toasted organic sourdough w basil, goats cheese & dried olive. Vegan option add coconut feta, GF available

### PANCAKE 19.0 / V / GF / DF

w/ passion fruit coconut yoghurt, cinnamon poached pear, strawberries, frosted almonds. (Contains almond milk)

#### SEASONAL HARVEST BOWL 19 / V / GF / DF

Broccolini, cherry toms, buckwheat tabouli, cauliflower, avocado, roast pumpkin, pickled red cabbage, hummus, poached egg & dukka. Vegan option sub egg for tofu.



## Smoothies & Bowls

All smoothies can be made as smoothie bowls just take your favourite smoothie and we top it with fresh fruit, house made gluten free granola made with organic puffed brown rice, coconut, quinoa flakes, almonds & chia seeds. \$16.5

Add cacao nibs 1.5 Add macadamia nut butter 2.0 No alterations to smoothies

### AÇAI 10.5 / GF / VG / DF

Açai, banana, blueberries, coconut oil, coconut milk.

#### ISLAND VIBES 10.5 / GF / VG / DF

Mango, banana, pineapple, mint, coconut cream, Coconut milk.

### BLUE MOON 10.5 / GF / VG / DF

Blue spirulina, banana, mango, coconut cream, almond milk.

#### HAPPY MONKEY 10.5 / GF / VG / DF

Banana, double shot espresso, peanut butter, dates, almond milk.